

## DID YOU KNOW?

A recent study showed that only 18% of women presenting for assistance in achieving pregnancy had knowledge of their signs and symptoms of the window of fertility.

## OPPORTUNITY

We will help to maximise your capacity to assist women in monitoring the unique phases of their cycle using an empirical method.

This ALM will help you to optimise your patient's ability to understand her cycle and to monitor her reproductive health.

**Participants:** Doctors and all Women's Health Professionals

**Presented by:** The Ovulation Method Research and Reference Centre of Australia Ltd

**Date:** Saturday, 22nd August, 2015

**Time:** 9.15am - 4.30pm

**Venue:** Novotel Melbourne, Glen Waverley  
285 Springvale Road,  
Glen Waverley, VIC 3150

**Cost:** \$100  
Includes full seminar kit with booklets, CD, pamphlets and reference material.

Full lunch and refreshments.

**REGISTER EARLY**  
a Predisposing Activity  
is required for points

"This is knowledge of her body  
that every woman ought to have."

Dr Evelyn Billings  
AM, DCSG, MBBS (MELB), DCH (LOND)

## REGISTER TODAY!

**Call: 1800 335 860**

or fax/post your completed  
registration form with payment to:

2A/303 Burwood Highway  
East Burwood Vic 3151  
Fax: 03 9887 8572

For further information visit:

[www.thebillingsovulationmethod.org](http://www.thebillingsovulationmethod.org)



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East Burwood 3151 Australia

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Web: [www.thebillingsovulationmethod.org](http://www.thebillingsovulationmethod.org)

Billings LIFE is a fully registered health promotion charity and all donations over \$2 are tax deductible.

Ovulation Method Research and Reference Centre of Australia Ltd  
ABN 57 067 377 959 (inc in Vic)

Billings LIFE is supported by funding from the Australian Government  
Department of Health and Ageing



## MENARCHE TO MENOPAUSE HEALTH ADVANTAGES OF MONITORING FERTILITY

A Category 1 ALM  
40 Women's Health points  
Approved: 1 Day Obstetric Grant



# PRESENTERS

Dr Mary Walsh MBBS FRACGP

Dr Walsh is a G.P. with a special interest in Women's Health which led to her opening a Fertility Assistance Clinic as part of her practice at Manningham General Practice. Following her involvement in "A study on fertility, infertility awareness in general practice: a survey of knowledge and attitude", she has been interested in raising awareness of fertility symptoms through QI&CPD programs.

Gillian Barker

A Senior Teacher and Trainer of the Billings Ovulation Method®, Gillian has been involved in the training of doctors, health professionals and teachers of the Method in Australia as well as overseas. She made a very substantial contribution to the scientific verification of the Billings Ovulation Method® as a collaborator with the late Professor James B Brown in the development of the Ovarian Monitor. She is currently employed by the University of Melbourne Department of Obstetrics and Gynaecology at the Mercy Hospital for Women as a research assistant.

Marian Corkill

Also a Senior Trainer of the Billings Ovulation Method®, Marian has extensive experience in teaching couples and training trainers, doctors and health professionals in Australia and numerous overseas countries. Marian is an Education Activity Representative of the RACGP QI&CPD Programs and as such has offered OMR&RCA ALMs throughout Australia.

Published paper by the late Emeritus Professor James B Brown on his study of the ovarian variants of the Continuum of Ovarian Activity is available through Human Reproduction Update at Oxford Journals (<http://goo.gl/FJw6b>)

# PROGRAM

- Date: Saturday, 22nd August, 2015
- Venue: Novotel Melbourne, Glen Waverley  
285 Springvale Road, Glen Waverley, VIC 3150
- 9.15am Registrations—Tea/Coffee
- 9.30am Introduction/Learning Objectives
- 9.45am Correlating the hormonal, cervical and vaginal responses throughout the ovarian cycle - The work of Professor-Emeritus James B Brown M.Sc., Ph.D., D.Sc., F.R.A.C.O.G.
- 10.45am "The Incredible Cervix" - Its response to changing hormone levels. The work of Professor Erik Odeblad, M.D.(Gynae), PhD, Department of Medical Biophysics of the University of Umea, Sweden
- 11.30am Correlating the signs and symptoms of fertility with hormone changes. Interactive session in which the woman's vulval symptoms are recorded and correlated with the hormonal, cervical and vaginal responses.
- 12.30pm Lunch provided.
- 1.30pm Charting the Continuum from Menarche to Menopause. Case studies will explore the Continuum of ovarian activity from menarche to menopause.
- 2.30pm Charting the signs of Fertility—a Diagnostic Tool. Panel: in general practice, the Billings Ovulation Method® teacher and the GP. Discussion
- 4.15pm Evaluation and discussion
- 4.30pm Finish

# Registration

22nd August, 2015 Glen Waverley, VIC

Title ..... Surname:.....

First Name: .....

Address: .....

Suburb: ..... Postcode.....

Phone: ..... Fax: .....

Email: .....

Please tick

GP  Obstetric Grant

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ACRRM No: .....

Ob/Gyn  Midwife

Nurse  Naturopath

Other .....

Special Dietary Requirements:

.....

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