A recent study showed that only 18% of women presenting for assistance in achieving pregnancy had knowledge of their signs and symptoms of the window of fertility.

**OPPORTUNITY**

We will help to maximise your capacity to assist women in monitoring the unique phases of their cycle using an empirical method.

This ALM will help you to optimise your patient’s ability to understand her cycle and to monitor her reproductive health.

Participants: Doctors and all Women’s Health Professionals

Presented by: The Ovulation Method Research and Reference Centre of Australia Ltd

Date: Saturday, 19th September, 2015 or Sunday, 20th September, 2015

Time: 9.15am - 4.30pm

Venue: Notre Dame University
Santa Maria Lecture Theatre, ND1
19 Mouat Street, Fremantle WA

Cost: $100 ($50 student rate)
Includes full seminar kit with booklets, CD, pamphlets and reference material.
Full lunch and refreshments.

**REGISTER EARLY**

a Predisposing Activity is required for points

**REGISTER TODAY!**

Call: 1800 335 860

or fax/post your completed registration form with payment to:

2A/303 Burwood Highway
East Burwood Vic 3151
Fax: 03 9887 8572

For further information visit:
www.thebillingsovulationmethod.org

**“This is knowledge of her body that every woman ought to have.”**

Dr Evelyn Billings
AM, DCSG, MBBS (MELB), DCH (LOND)

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**MENARCHE TO MENOPAUSE**

**HEALTH ADVANTAGES OF MONITORING FERTILITY**

A Category 1 ALM

40 Women’s Health points

Approved: 1 Day Obstetric Grant

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Billings LiFE is a fully registered health promotion charity and all donations over $2 are tax deductible.

Ovulation Method Research and Reference Centre of Australia Ltd
ABN 57 067 377 959 (inc in Vic)

Billings LiFE is supported by funding from the Australian Government Department of Health and Ageing
PRESENTERS

Gillian Barker

A Senior Teacher and Trainer of the Billings Ovulation Method®, Gillian has been involved in the training of doctors, health professionals and teachers of the Method in Australia as well as overseas. She made a very substantial contribution to the scientific verification of the Billings Ovulation Method® as a collaborator with the late Professor James B Brown in the development of the Ovarian Monitor. She is currently employed by the University of Melbourne Department of Obstetrics and Gynaecology at the Mercy Hospital for Women as a research assistant.

Carol Ann Norris

Carol Ann has always been interested in good health and completed her Bachelor of Physiotherapy degree from Queensland University in 1975. She is an accredited Billings Ovulation Method® Senior Teacher and is responsible for the training of teachers in the Billings Ovulation Method® in WA. Carol Ann is also involved as an accredited facilitator with the “Loving for Life Program” offering the fertility education to year 10 students in Perth secondary schools.

Mandie Bowen

Mandie Bowen has a Bachelor of Education and is currently studying at the John Paul II Institute. She is an accredited Billings Ovulation Method® Senior Teacher and is responsible for the coordination and administration of teachers in the Billings Ovulation Method® in WA. Mandie has a keen interest in the health and well-being of young mothers and their families and facilitates mothers groups within her local community.

Published paper by the late Emeritus Professor James B Brown on his study of the ovarian variants of the Continuum of Ovarian Activity is available through Human Reproduction Update at Oxford Journals (http://goo.gl/FJw6b)

PROGRAM

Date: Saturday, 19th September, 2015 OR Sunday, 20th September, 2015
Venue: Notre Dame University
Santa Maria Lecture Theatre, ND1
19 Mount Street, Fremantle WA 6160.

9.15am Registrations—Tea/Coffee
9.30am Introduction/Learning Objectives
9.45am Correlating the hormonal, cervical and vaginal responses throughout the ovarian cycle - The work of Professor Emeritus James B Brown M.Sc., Ph.D., D.Sc., F.R.A.C.O.G.
10.45am “The Incredible Cervix” - Its response to changing hormone levels. The work of Professor Erik Odeblad, M.D., Department of Medical Biophysics of the University of Umea, Sweden
11.30am Correlating the signs and symptoms of fertility with hormone changes. Interactive session in which the woman’s vulval symptoms are recorded and correlated with the hormonal, cervical and vaginal responses.
12.30pm Lunch provided.
1.30pm Charting the Continuum from Menarche to Menopause. Case studies will explore the Continuum of ovarian activity from menarche to menopause.
2.30pm Charting the signs of Fertility—a Diagnostic Tool. Panel: in general practice, the Billings Ovulation Method® teacher and the GP. Discussion
4.15pm Evaluation and discussion
4.30pm Finish

Registration

Saturday 19th Sept, 2015 Fremantle
Sunday, 20th Sept, 2015 Fremantle

Title ............ Surname: ........................................
First Name: ........................................................
Address: ..............................................................
Suburb: ..................................... Postcode .............
Phone: ........................................ Fax: .................
Email: .............................................................

Please tick
[ ] GP  [ ] Obstetric Grant
[ ] Qi&CPD No: ...................................................
[ ] ACRRM No: ....................................................
[ ] Ob/Gyn  [ ] Midwife  [ ] Nurse  [ ] Naturopath
[ ] Other ................................................................

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